Regions (At Initial Launch)	1955–1960	1961–1962	1963–1964	1965–1966	1967–1968	1969–1970	1971–1972	1973–1974	1975–1976	1977–1978	1979–1980	1981–1982	1983–1984	1985–1986	1987–1988	1989–1990	1991–1992	1993–1994	1995–1996	1997–1998	1999–2000	2001–2002	2003–2004	2005–2006	2007–2008	2009–2010	2011–2012	2013–2014	2015–2016	2017–2018	2019–2020	2021	Current Regions
Northern Scotland												Grampian								Grampian Television			Grampian TV									STV (North)	STV North (Aberdeen)
																																	STV North (Dundee)
Central Scotland																				Scottish Television			Scottish TV									STV (Central)	STV Central (Edinburgh)
																																	STV Central (Glasgow)
Northern Ireland																	Ulster Television															UTV	UTV
Channel Islands											Channel Television								CTV				Channel			ITV1 Channel Television						ITV Channel TV	Channel
North East England					Tyne Tees Television													Tyne Tees	North East 3		Tyne Tees			ITV1 (Tyne Tees)								ITV (Tyne Tees)	Tyne Tees
Southern Scotland																										ITV1 (Tyne Tees & Border)		ITV (Tyne Tees & Border)					ITV (Border)	Border (Scotland)
Cumbria														Border Television							Border			ITV1 (Border)									Border (England)
Isle of Man																										ITV1 (Granada)							ITV (Granada)	Granada
North West England				Granada (Weekdays)																	Granada			ITV1 (Granada)									Granada
Yorkshire				ABC (Weekends)			Yorkshire Television																			ITV1 (Yorkshire)							ITV (Yorkshire)	Yorkshire (West)
Lincolnshire & East Riding of Yorkshire																	Yorkshire Television																Yorkshire (East)
East of England			Anglia				Anglia														Anglia					ITV1 (Anglia)							ITV (Anglia)	Anglia (East)
																																	Anglia (West)
Midlands				ATV Midlands (Weekdays)								ATV								Central	Carlton Central			ITV1 (Central)		ITV1 (Central)							ITV (Central)	Central (East)
				ABC (Weekends)																													Central (West)
																										ITV1 (Meridian)							ITV (Meridian)	Meridian (Thames Valley)
South & South East England												Southern					TVS				Meridian			ITV1 (Meridian)										Meridian (East)
																																	Meridian (South Coast)
London				Rediffusion London (Weekday)													Thames (Weekday)				Carlton (Weekday)					ITV1 (London)							ITV (London)	London
				ATV London (Weekend)													LWT (Weekend)				LWT (Weekend)												
Wales		Teledu Cymru (WWN)		Teledu Cymru (TWW)		Harlech											HTV Cymru Wales				HTV					ITV1 (Wales)		ITV (Wales)					ITV (Cymru Wales)	Wales
South Wales & West of England				TWW		Harlech								HTV West																				
West of England														HTV West			HTV West				HTV		ITV1 (West)	ITV1 (West & Westcountry)		ITV1 (West Country)						ITV (West Country)	West
South West England						Westward						Westward TV					TSW			Westcountry	Carlton Westcountry		ITV1 (Westcountry)										West Country